



CORPORATE HEALTH & WELLNESS PROGRAM



DID YOU KNOW YOU HAVE A DISCOUNT AT SHAPES®

Corporate Rate Available for Winnipeg Construction Association Members

ANNUAL MEMBERSHIP for **\$8.50** Plus GST per week

CORPORATE RATE WITH HOT YOGA: an additional **\$3.00** Plus GST per week

HALF PRICE

Shapes Fitness Centres would like to offer the Winnipeg Construction Association members and their family members (residing at the same address) an opportunity to sign up at a discounted rate for a one – year membership!

- ✓ All Group Fitness Classes are included with your membership
- ✓ Hot Yoga (optional)
- ✓ Personal/Buddy Training (optional)
- ✓ Includes Climbing Wall
- ✓ FREE introductory trainer session
- ✓ Valid at all Shapes Clubs
- ✓ Registration is available throughout the year
- ✓ IPFA affiliated throughout Canada, USA and international

PROGRAM DETAILS:

- Corporate Memberships are minimum of 1 year agreement.
- Membership Payments are payable to Shapes Fitness Centres Ltd.
- Memberships cannot be transferred or sold.
- Corporate Memberships can be frozen up to 3 months (see club for details).
- Memberships effective starting the date agreement is signed.
- Adult cardholder must accompany members under 16 years of age.
- If a Winnipeg Construction Association member is not interested in joining, a family member (residing in same address) are still qualified to receive the corporate rate.

Proof of employment will be required (either a current paystub or photo ID badge). Member companies and employees should accompany family member(s) when signing to show proof of same residency.

If you are a:

NEW MEMBER WHO DOES NOT HAVE AN AGREEMENT WITH SHAPES

You will need to sign an agreement for this corporate plan. Go to any Shapes club of your choice & receive your rate.

CURRENT SHAPES MEMBER BUT NOT ON THE CORPORATE PLAN

Please sign your new 1 year agreement via online at www.shapes.ca Under the **Membership Tab** choose **Corporate Memberships**. Scroll down to **Click here for Submissions** and complete the **Submission Form**.

**Don't forget to include your current membership # when signing online.*

**The submission of proof of employment and / or same residency can be given at any Shapes Club.*

NO PENALTY to cancel your current agreement to redeem the Winnipeg Construction Association corporate wellness rate.



Visit us online www.shapes.ca



A Strength in Winnipeg
22 years
LOCALLY OWNED

1910 Pembina Hwy.
204-989-7100

3340 Portage Ave.
204-889-7934

2535 McPhillips St.
204-989-5280

1325 Henderson Ave.
204-989-5333

Southdale (Fermor)
204-989-7572

1910 Pembina Hwy.
204-989-7050

1150 Nairn Ave.
204-989-6628

2535 McPhillips St.
204-989-5280